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[www.mmwellnesscenter.org](http://www.mmwellnesscenter.org)

**Authorization to Release or Request Protected Health Information**

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_ **DOB:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Home Address:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**I hereby give M+M Wellness Center authorization to (specify):**

**Release Information to:**       **Obtain Information from:**       **Discuss Information with:**

A. Company/Individual Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

B. Company/Individual Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

C. Company/Individual Name: \_\_\_\_\_  
Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Covering the period of treatment from:** \_\_\_\_\_ **to** \_\_\_\_\_ **OR**  **ALL**

Phone Conversation	Dates of Service	Billing Information	Clinical Notes	Labs/ Medications	Other:

I authorize M+M Wellness Center to release and/or obtain confidential information in both written and spoken form to the person(s) noted above. I freely and knowingly consent to waive any rights I may have to confidentiality of communications and records for the above stated person. I understand I may revoke this consent to release information in writing at any time. When requesting your records from M+M Wellness Center, please allow a 15-day window for records to be completed. Copying fee: \$1.00 per page. Processing Fee: \$25 if records exceed 10 pages. Postage fees, if mailed: TBD

\_\_\_\_\_  
**Printed Name of Patient or Authorized Representative**

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_\_  
**Signature of Patient or Authorized Representative**